

Reiki Spirit, Mind & Body Healing Sessions

What to Know: Before, During and After



David Nelmes

It is an honor that you have considered allowing me to be a part of your path towards healing. It is my intention to perform your Reiki session with pure loving intention in order to serve your greatest and highest good.

To ensure your experience is a very helpful one, please take a moment to review this quick read on what to expect from your <u>Reiki Spirit, Mind & Body Healing Session</u>. Feel free to ask any questions that are not covered here.

Before Your Session

When <u>scheduling your appointment</u>, you have the option to choose to experience this healing session either on-site (*Tree of Life Shoppe in Ringtown PA*) or as a distance healing. The effects will be the same, just the experience will be different.

For your first On-Site appointment, be sure you plan to show up approx. 15 minutes early to fill out registration paperwork and allow me a few minutes to introduce myself and get acquainted.



My local healing space is handicap accessible, however, if travel is difficult for you, please consider having a distance session vs. an on-site session. Alternatively, if you do not live too far away, I am sure we could come to an agreement that allows me to come to your residence to perform the service.

No special diet or routine is required prior to your visit.

You will receive an e-mail reminder 48 hours prior to your scheduled appointment. If your schedule changes and you can't keep the appointment as planned, you can easily request to reschedule your appointment by scrolling to the bottom of your appointment confirmation email and selecting the "Change/Cancel" button 24 hours or more before your appointment.

Prior to finalizing your purchase, you may Review our Sales & Refund Policies.

During Your Session

The on-site or distance Reiki Spirit, Mind & Body Healing Session takes approx. 45 minutes. When performing a distance healing, there is no less focus or effort on my end, but you might not experience the energy flowing unless you enter a quiet place at the same time. The results of the healing are the same whether you are working, sleeping, watching TV or meditating while the healing takes place. Spirit works in dimensions above us, and outside our connection to time, so don't pass this up simply because you are busy or I am too far away.

My on-site healing session takes place at one of the beautiful rooms provided by The Tree of Life Shoppe where soothing music plays in the background, soft lighting provides a cozy atmosphere and a lovely fragrance fills the air. In addition, the Reiki/Message table includes a pillow for both your neck and under your knees if needed.

Each session consists of the following:

- Initial aura sweeps to prepare you for Reiki
- I invite Sananda, Master Hilarion, Adam, Tall Beings of Light, Angels, Guides and Healers to work through me
- Each chakra is checked, cleared and checked again, then reinforced with crystals
- Full body scan to find problem areas
- Extra energy flow and clearing on problem areas I find or are pointed out by you
- Additional aura sweeps to remove any unhelpful energy remnants
- A quick psychic reading to answer the question ... What is the most helpful message spirit would like to share with you? (an answer is not guaranteed. NOTE: for Distance appointments, the psychic reading will be sent to you via email.
- You receive one or more Chakra Healing Cards to take home to help you work on the chakras that required extra time to open.

After Your Session

We take a moment where you can let me know of any experience or sensations you felt during your session.

It is recommended that you drink extra water for a full day after the session. This will help to more easily flush out any toxins released during the session.

Your feedback and testimonial are important because I want to be sure I am providing the best care for you and all my clients. You can go online to fill out our <u>feedback and testimonial form</u> or you can share your feedback via Google at: https://g.page/deep-healing-light/review

Although I would love to know that your issues would be fully resolved with just one session, that is rarely the case. I suggest you let a few days pass and allow yourself to see where improvements have been made, and then <u>schedule</u> <u>another appointment</u> for approx a week or two later to follow up.

http://www.DeepHealingLight.com